



# Maintain, Change, or End?



## Scenario #1: I'm Better Than You

Your friend is very competitive and can't be second best at anything. If you do something well, he or she does it better or thinks so. If you get a good grade on a test, he or she gets a better one or more positive remarks. If you tell a story about an experience you've had, he or she has a better or bigger story. Sometimes he or she interrupts you to tell his or her own story.

What would you do in this situation?

- Maintain the relationship
- Change the relationship
- End the relationship

How would you do it? What skills would you need to use?

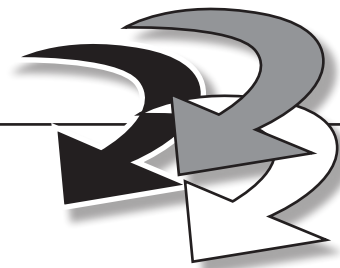
## Scenario #2: Things Have Changed

You and your friend have known each other for several years. You share many of the same interests. All of a sudden, your friend starts to ignore you and hang out with another group of kids. When you try to talk to him or her, he or she just ignores you.

What would you do in this situation?

- Maintain the relationship
- Change the relationship
- End the relationship

How would you do it? What skills would you need to use?



**Scenario #3: [Your story goes here!]**

What would you do in this situation?

- Maintain the relationship
- Change the relationship
- End the relationship

How would you do it? What skills would you need to use?